

Organic Hemp Hearts



This product is derived from certified industrial hemp. It contains no CBD, no THC, and is compliant with all applicable food and agricultural regulations.

Product Variations & Prices:

Variation	Price
Green Skin: Green Skin <5%	\$8.00 Original price was: \$8.00. \$7.20 Current price is: \$7.20.
Green Skin: Green Skin 5-10%	\$7.90 Original price was: \$7.90. \$7.00 Current price is: \$7.00.
Green Skin: Green Skin 10-15%	\$7.60 Original price was: \$7.60. \$6.80 Current price is: \$6.80.
Green Skin: Green Skin 15-20%	\$7.30 Original price was: \$7.30. \$6.50 Current price is: \$6.50.

What are Organic Hemp Hearts?

Organic Hemp Hearts are shelled hemp seeds (*Cannabis sativa*) with varying degrees of green skin retention, offering different nutritional profiles and visual characteristics. Available in four distinct grades based on green skin content: **<5%** (Premium White), **5-10%** (Classic Green), **10-15%** (Nutrient-Rich), and **15-20%** (Max Fiber). Each variant provides complete protein, balanced omega fatty acids, and essential minerals while catering to different application needs.

Specifications

Parameter	<5% Green Skin	5-10% Green Skin	10-15% Green Skin	15-20% Green Skin
Green Skin Content	<5%	5-10%	10-15%	15-20%
Protein Content	30-33%	31-34%	32-35%	33-36%
Fat Content	45-48%	44-47%	43-46%	42-45%
Dietary Fiber	8-10%	10-12%	12-14%	14-16%
Omega-3 (ALA)	8-10%	9-11%	10-12%	11-13%
Omega-6 (LA)	28-30%	29-31%	30-32%	31-33%
Chlorophyll	<50mg/100g	50-100mg/100g	100-150mg/100g	150-200mg/100g
Moisture	≤7%	≤7%	≤7%	≤7%
Particle Size	3-5mm	3-5mm	3-5mm	3-5mm
Color Appearance	Creamy white	Light green speckled	Medium green	Dark green

Key Highlights

- **Complete Protein:** All 9 essential amino acids
- **Perfect Omega Balance:** 3:1 omega-6 to omega-3 ratio
- **Fiber Variants:** Choose based on dietary fiber needs
- **Visual Options:** From creamy white to vibrant green

Key Features & Benefits

Nutritional Advantages

- **<5% Green Skin:** Highest fat content, mildest flavor - ideal for delicate applications
- **5-10% Green Skin:** Balanced nutrition with subtle green color - versatile for most uses
- **10-15% Green Skin:** Enhanced fiber and chlorophyll - for health-focused products
- **15-20% Green Skin:** Maximum fiber and antioxidants - for nutritional supplementation

Functional Properties

- **Easy Digestion:** Shelled for optimal nutrient absorption
- **Nutrient Density:** Rich in magnesium, iron, and zinc
- **Versatile Applications:** From sprinkling to baking to smoothies
- **Long Shelf Life:** Stable due to natural antioxidants

Quality & Safety

- **Organic Certified:** Grown without synthetic pesticides
- **Non-GMO:** Naturally non-GMO plant
- **THC-Free:** Contains <0.3% THC
- **Allergen-Friendly:** Gluten-free, dairy-free, soy-free

Applications

<5% Green Skin (Premium White)

- White bread and baked goods
- Light-colored sauces and dressings
- Infant nutrition products
- Premium snack mixes

5-10% Green Skin (Classic Green)

- Granola and cereal bars
- Yogurt toppings and smoothie bowls
- General cooking and baking
- Salad toppings

10-15% Green Skin (Nutrient-Rich)

- Health food products
- Green smoothie boosts
- Nutritional supplements
- Functional food formulations

15-20% Green Skin (Max Fiber)

- High-fiber dietary products
- Vegan protein blends
- Clinical nutrition applications
- Antioxidant-rich formulations

Certifications & Quality Assurance

- **Organic:** USDA, EU Organic, COR
- **Non-GMO:** Non-GMO Project Verified
- **Food Safety:** HACCP, ISO 22000 certified
- **Quality Standards:** Kosher, Halal available
- **Heavy Metals:** Below detectable limits
- **Microbiology:** Meets food safety standards

Why Choose Us

- **Four Variants:** Meet different market needs and preferences
- **Quality Consistency:** Strict quality control for each grade
- **Technical Support:** Application guidance and formulation support
- **Sustainable Sourcing:** From certified organic farms
- **Custom Packaging:** Various sizes and packaging options
- **Traceability:** Complete supply chain transparency

FAQs

Q: What is the "green skin" on hemp seed hearts?

A: The "green skin" is the thin, outer layer of the hemp seed that sometimes remains after the hulling process. It contains fiber and contributes to a more pronounced, slightly bitter, and "earthy" flavor.

Q: Are Organic Hemp Seed Hearts a complete protein?

A: Yes, **Organic Hemp Seed Hearts** are a complete protein source, containing all nine essential amino acids that the human body cannot produce on its own.

Q: How should I store Organic Hemp Seed Hearts?

A: To maintain freshness, store your **Organic Hemp Seed Hearts** in an airtight container in a cool, dry place. Refrigeration after opening can help extend their shelf life.

Q: What are the nutritional differences between the different green skin percentages?

A: The primary difference lies in the fiber content and flavor. Higher green skin percentages mean more fiber and a more pronounced, slightly bitter, natural hemp flavor. The core protein and essential fatty acid content remain largely consistent across the grades.

Q: Can people with nut allergies consume Organic Hemp Seed Hearts?

A: Yes, hemp seeds are technically seeds, not nuts. They are generally safe for people with nut allergies. However, if you have severe allergies, it's always best to consult with your allergist before trying new foods.

Packing



Want to learn more about this product or have any questions?

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